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## Customer Reviews

210

4.4 out of 5 stars

5 star  73%4 star  13%3 star  6%2 star  3%1 star  5%

## NOW Foods Cayenne, 500mg, 250 Vc...

by [NOW Foods](#)Package Quantity: 1 [Change](#)Price: **\$10.44** + Free shipping with Amazon Prime[Rate this item](#)[Write a review](#)[Add to Cart](#)[Add to Wish List](#)

## Top positive review

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26 people found this helpful

**I don't get sick anymore**

By Deborah Larson on October 21, 2016

I've had problems for YEARS getting sick with sinus and upper respiratory infections. It started with a cold and always built into something more. With the MANY benefits of cayenne, I'm feeling much better. My nose isn't constantly plugged anymore. I have limited post nasal drip, and I can sleep all night and breathe through my nose. This has definitely been a life saver for a long time

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## Top critical review

[See all 29 critical reviews](#) ›**Three Stars**

By Thomas Mork on March 17, 2017

not to sure its helping but be prepared it warms your belly

**\$5.00 off coupon**

on Crest 3D White Whitestrips with Light, 10 ct.  
Offer ends on or before Apr 30, 2017

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**As expected**By [Stephanie R. Leigh](#) on January 1, 2017Package Quantity: 1 **Verified Purchase**

As expected

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Was this review helpful to you?

Yes

No

[Report abuse](#)**cayenne for heart!**By [dhebe](#) on December 25, 2016Package Quantity: 1 **Verified Purchase**

cayenne is what i take for my heart . . . love doing something so natural for myself.

[Comment](#)

Was this review helpful to you?

Yes

No

[Report abuse](#)**Good And Hot**By [Gene T.](#) on December 22, 2016Package Quantity: 1 **Verified Purchase**

This cayenne is some potent stuff! It definitely contains some heat and works very well. It is a great pain and appetite reducer for me. I also notice better energy due to increased circulation. Research Cayenne Fruit for all the health benefits it provides. I highly recommend NOW brand Cayenne.....GT:)

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8 people found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**Very pleased**By [Mr. Ed](#) on December 16, 2016Package Quantity: 1 **Verified Purchase**

This works it is potent and a great price

[Comment](#)

One person found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**Five Stars**By [Amazon Customer](#) on December 11, 2016Package Quantity: 1 **Verified Purchase****Questions? Get fast answers from reviewers**

What do you want to know about NOW Foods Cayenne, 500mg, 250 Vcaps?

[See all 9 answered questions](#)[Ask](#)**Customers also viewed these items**

[Nature's Way Cayenne Extra Hot, Capsules 100ea](#)

by Nature's Way

**\$4.74 - \$14.97**

188



[Solaray Cool Cayenne 600 mg VCapsules, 180 Count](#)

by Solaray

**\$12.46**

64



[Nature's Way - Cayenne, 450 mg, 180 capsules](#)

by Nature's Way

**\$10.45**

138



[Cayenne Pepper Capsules - 90 Kosher Caps - Now with 500mg Organic Cayenne Pepper Fruit...](#)

by Pure Mountain Botanicals

**\$15.67**

45

This is an excellent value and I feel is beneficial to my health.

[Comment](#)

One person found this helpful. Was this review helpful to you?   [Report abuse](#)

### Seems to help with the metabolic boosting and morning cleanse...

By [J.J.](#) on December 9, 2016

Package Quantity: 1 **Verified Purchase**

Have been taking for about six months now... for metabolic boosting and cleansing, in lieu of mixing powder into a morning tonic. Easier to take and not as unpleasant. Drink lots of water when taking or it can cause heartburn.

[Comment](#)

3 people found this helpful. Was this review helpful to you?   [Report abuse](#)

### I did not know that cayenne is good for digestion

By [Amazon Customer](#) on December 8, 2016

Package Quantity: 1 **Verified Purchase**

I did not know that cayenne is good for digestion, I got it for in case of heart problems, so now I am trying it with food. I would not take it without food.

[Comment](#)

2 people found this helpful. Was this review helpful to you?   [Report abuse](#)

### Four Stars

By [RobertandBelinda](#) on December 6, 2016

Package Quantity: 1 **Verified Purchase**

You better take this with food...it can hurt your stomach...it burned if I took on empty

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One person found this helpful. Was this review helpful to you?   [Report abuse](#)

### Perfect amount of heat and clears you up!

By [Garrett H](#) on December 2, 2016

Package Quantity: 1 **Verified Purchase**

These taste good and aren't too spicy! No upset stomach or leaky nose here!

[Comment](#)

One person found this helpful. Was this review helpful to you?   [Report abuse](#)

### Nice price point

By [J. A. Jacobs](#) on December 1, 2016

Package Quantity: 1 **Verified Purchase**

Nice quantity and price



[Nature's Way Cayenne Pepper, 450 mg, 180 Capsules \(Pack of 2\)](#)

by Nature's Way

**\$18.08**

122

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